

thePost

Vol. 81, No. 24

Published for the Fort Dix Community since 1942

June 16, 2006

NEWSNOTES

Route 68 Gate temporarily closed

Fort Dix employees, residents and visitors who normally use the Main Gate on Route 68 must seek alternate entrance to the post through June 23 as construction will block access through the checkpoint.

Drivers are encouraged to plan alternate routes to post. The busiest route will be Saylor's Pond Road into Wrightstown and through the checkpoint at the Wrightstown Circle. The checkpoints on the Browns Mills end of Texas Avenue and Julietstown Road will also be in full operation during the temporary shutdown on Route 68.

Construction on the Main Gate will not impact operations at the Visitors' Center, which will remain open 7:30 a.m. to 4:30 p.m. Monday through Friday for issuing identification cards, visitor passes and vehicle decals.

Housing privatization firm schedules Job Fair

United Communities, LLC (the housing privatization company for McGuire AFB and Fort Dix) will host a job fair on June 16 from 10 a.m. to 2 p.m. at the Family Support Center on McGuire AFB (Building 3011; phone number 754-3154) to hand out applications, accept resumes, and conduct preliminary interviews. A variety of jobs will be available.

Motor Vehicle Safety Day set June 22

Fort Dix will conduct a Motor Vehicle Safety Day June 22. The event will include comprehensive checks at access control points of licenses and decals, as well as emphasis post-wide on use of helmets for motorcycle and bike riders and seatbelts for all drivers and passengers. Classes will be given on motorcycle safety and the correct installation of child safety seats.



Ed Mingin

STANDING TALL -- A young blue heron gets a one-footed grip on a picnic bench near Dogwood Lake June 9.

WEATHER

FRIDAY -- Sunny with a high around 85 degrees. Clear overnight with a low of 58.

SATURDAY -- Mostly sunny with a high near 87. Mostly clear overnight with a low in the mid-60's.

SUNDAY -- Sunny and warm, high 90 degrees. A few clouds overnight with a low around 69.

MONDAY -- Partly cloudy, 92 degrees. A chance of showers and thunderstorms overnight with a low near 68.

TUESDAY -- Scattered showers and thunderstorms with a high near 91 degrees and a low around 69.

Dix set to celebrate traditional July 4th

Wayne Cook
Public Affairs Staff

Fort Dix will join the nation in observance of Independence Day Tuesday, July 4, with fireworks and entertainment. The event is open to the public.

The celebration on Doughboy Field will begin at 6 p.m. with the singing of the National Anthem by Stacie Wells, Miss Metropolitan USO.

This year's event will also include an aerial display headlined by Col. David McNeil, installation commander, jumping with the always-exciting Army Silver Wings Parachute Team from Fort Benning, Ga.

Doughboy Field will once again team with people, young and old, taking in the aromas of funnel cake and hotdogs, playing Frisbee on the field or sitting on the grass reminiscing of days gone by while listening to the free entertainment provided by the 1980's hit band, The Jets, or the sultry songs of 2Intrigue, a sister-act duo from Trinidad and Tobago.

Those planning to attend the celebration are encouraged to bring blankets and chairs to spread out on the field.

The fireworks display will start at 9:30 p.m. and is one of the best shows in all of central and south Jersey.

There will be restricted parking, but shuttle buses will be provided for access to the installation for those without decals on their vehicles. Also, photo identification will be required for all adults and children 12 years and older.

The celebration this year will also see the swearing in of a dozen Honorary Commanders, who have taken on the role of advocate for the post in their communities.

The Honorary Commanders program brings a mixture of regional business and civic leaders together to learn more about the installation and the important missions being performed every day.

The group will be invited to annual events such as Team Dix Day, the Prayer Breakfast and Christmas Tree lighting ceremony. There will be tours and briefings for the members to broaden their knowledge of the military.

In return, the installation can gain from the ability to pick the brains of the Honorary Commanders and learn from their civilian experiences. This sharing of knowledge was one of the goals envisioned by installation commander Col. R. David McNeil when the program was initiated at last year's July 4 celebration.

Keep an eye on The Post or WDX Channel 2 for more information on the July 4 celebration in the weeks to come. For more information feel free to call 562-5853.



HOOK IT UP -- Sgt. Owen Elder, left, PV2 Eric Shaffer, and Sgt. 1st Class James A. Obroyko, connect an antennae mast during set-up for Grecian Firebolt 2006 at Range 59D June 10. Below, Soldiers of the 280th Signal Battalion, Delaware Army National Guard occupy the Range 59D and set up communication shots that will be relayed as far west as Fort McCoy, Wisconsin.



Grecian Firebolt crowds skies with signal training

Shawn Morris
Public Affairs Staff

The skies above Fort Dix will be crowded this coming week as Soldiers from across the country take part in the annual Grecian Firebolt training exercise.

But don't bother looking up, because there won't be much to see, and there's no chance of a stray round landing off-target since the only things flying overhead will be radio waves and satellite beams.

Grecian Firebolt is a Communications Exercise (COMEX) that provides training and tests interoperability between Army units and federal and private-sector partners.

The exercise also integrates current and older generations of equipment and technology, and allows participants to field and test new and experimental technology, according to a 311th Theater Signal Command (TSC) spokesman.

"Grecian Firebolt is important because it is the one

opportunity for all our Soldiers to get to set up tactical communications as well as strategic communications," said Capt. William Callahan, 311th TSC, in a press release.

Callahan -- who set up and is coordinating the exercise -- explained that, despite budgetary restraints, this year's exercise will up the ante by implementing new Tactical Satellite (TACSAT) technology.

This is also the first time in many years that the 311th TSC has deployed to Fort Dix to coordinate Grecian Firebolt. In years past the TSC has managed the exercise from its headquarters at Fort Meade, Md.

Now in its twelfth year, Grecian Firebolt 2006 will include the following units: The 359th and 93rd Signal Brigades from Fort Gordon, Ga.; the 35th Signal Battalion from Fort McCoy, Wis.; The 261st Signal Brigade, 280th Signal Battalion and 259th Signal Company of the Delaware Army National Guard; the 101st Signal Battalion from Devens Reserve Training Center, Mass.; the 319th Signal Battalion from California; and the 422nd

(continued on page 3)

Miklos takes 5th Brigade flag

Stephen Snyder
Public Affairs Staff

Col. Michael T. Miklos took command of the 5th Bde., 78th Division (TS) in a traditional change of command ceremony held June 10 at Fort Meade, Md.

He replaces Col. David S. Anderson, who will now serve as Chief of Operations for the Coalition Forces Command in Afghanistan.

Miklos is the son of a career Air Force officer who spent his childhood in a variety of bases both home and abroad. He was commissioned a field artillery officer after graduating from the United States Military Academy in 1984.

His assignments include stints with the 17th Field Artillery at Fort Sill, Okla., with the 19th Field Artillery at Augsburg, Germany, back again as Counterforce Officer for the 17th FA and commander of Co. E, 2nd Bn., 39th Infantry Regiment at Fort Jackson, S.C.

Other, more recent assignments included duty as G3 and first executive officer of the 1st Cavalry Division at Fort Hood, Texas, where he deployed to Bosnia as the 1st Cavalry's liaison officer to the 1st Armor Division and subsequently as divisional strategic plans officer.

Returning from Bosnia, Col. Miklos served as 1st Cavalry DIVARTY operations officer and as a strategist in the Pentagon during the Quadrennial Defense

Review. Following a battalion assignment, the colonel deployed to Baghdad where he served on several joint task force staffs.

Col. Miklos' most recent assignment was on the Army staff serving the Future Warfighting Division at the Pentagon.

Miklos is a graduate of the Army Command and General Staff College and the School for Advanced Military Studies. His awards and decorations include the Bronze Star Medal, five awards of the Meritorious Service Medal, and the Army Parachutist Badge.

The mission of the 5th Brigade, 78th Division (TS) is to assess, train and mobilize Reserve Component (RC) Combat Support/Combat Service Support units to synchronize training support to enhance individual and unit readiness designed to meet directed peacetime and wartime requirements.

The 5th Brigade, 78th Division was constituted August 5, 1917, as the 303d Supply Train and assigned to the 78th Division. The brigade was organized December 1917 to May 1918 at Camp Dix. It consisted three regiments -- the 309th, 311th and 312th.

The 5th Brigade saw action in three major campaigns during World War I -- Meuse-Argonne, St. Mihiel and Lorraine. In World War II the brigade participated in three campaigns -- Rhineland, Ardennes-Alsace and central Europe.

Deactivated in 1984 at Edison, New Jersey, the 5th Brigade was redesignated as a training support unit at Fort Meade, Md. in October 1993.

The brigade is currently mobilizing and training units deploying in support of Operations Noble Eagle, Enduring Freedom and Iraqi Freedom.

Visit Fort Dix on the Internet at <http://www.dix.army.mil>

Celebrating 221 years of ordeals and triumphs

Happy birthday, United States Army!



Steve Snyder
Public Affairs Staff

Wednesday, June 14 marked the 221st birthday of the United States Army on what used to be commonly known as Flag Day. It's instructive to review some great exhortatory speeches given to arouse American Soldiers and citizens over the years and wars.

In 1944 the Supreme Commander of the Allied Expeditionary Force, Gen. Dwight D. Eisenhower, reminded members of that force what was expected of them in a speech given on D-Day.

"You are about to embark upon the Great Crusade, toward which we have striven these many months. The eyes of the world are upon you. The hopes and prayers of liberty-loving people everywhere march with you. In company with our brave Allied and brothers-in-arms on other fronts, you will bring about the destruction of the German war machine, the elimination of Nazi tyranny over the oppressed people of Europe, and security for ourselves in a free world," Ike said.

And they did. In his valedictory speech at West Point on May 12, 1962, Gen. Douglas MacArthur summarized what was expected of American officers and, indeed, every American Soldier. "Duty, 'Honor,' 'Country' - those three hallowed words reverently dictate what you ought to be, what you can be, what you will be..."

"They give you a temperate will, a quality of imagination, a vigor of the emotions, a freshness of the deep springs of life, a temperamental predominance of courage over timidity, an appetite for adventure over love of ease..." MacArthur said.

Finally, President Kennedy in his inaugural address said:

"Let the word go forth from this time and place, to friend and foe alike, that the torch has been passed to a new generation of Americans...tempered by war...proud of our ancient heritage - and unwilling to witness or permit the slow undoing of those human rights to which this Nation has always been committed... Let every nation know... that we bear any burden, meet any hardship, support any friend, oppose any foe, in order to assure the survival and success of liberty..."

Eisenhower, MacArthur and Kennedy were good men. And wise ones.



file photo

WAR SHATTERS LAND OF THE MORNING CALM -- Just five years after the end of World War II, a tank brigade and supporting North Korean troops invaded South Korea in June 1950, beginning the bloody three-year Korean War that not only drew in the United States but Communist China as well. Sometimes called the forgotten war, Korea was anything but for those who fought there. Names such as Task Force Smith, Inchon, Pusan, the Chosin Reservoir, MacArthur, Ridgway, the Yalu River, Seoul, Pyongyang, 38th parallel, etc. still survive in psyches, keeping the bloody history alive.



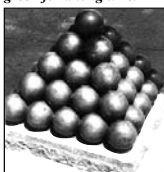
painting by Edwin Abbey

VALLEY FORGE -- Bitterly cold, undernourished, poorly clothed, living in cramped quarters, sick, diseased, but never despairing, America's Army under George Washington lost about 2,000 men during the winter of 1777-78 when they holed up at Valley Forge. Drillmaster Baron Friedrich von Steuben, above, drilled his men in the snow, sharing their hardships while making history.



www.rhadin.org/uniformusarmy

WOMEN IN THE ARMY -- From the Army Nurse Corps in 1901 to the Women's Auxiliary Army Corps (WAACs) in 1941 to the Women's Army Corps (WACs) a few years later to the integration of women with men in the regular Army in 1978, American women have ably served in Army green for a long time.



Steve Snyder

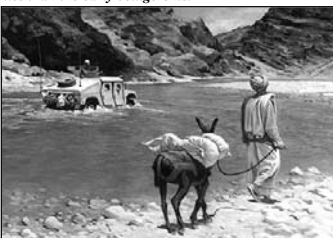
GETTYSBURG -- Cannonballs resembling those used at the Battle of Gettysburg serve as lonely reminders of the Civil War, costing North and South some 970,000 casualties, second in the annals of American warfare only to numbers wounded and killed in the Second World War.

DAY OF INFAMY -- Japan's surprise attack on Pearl Harbor was captured in the 1935 film, "From Here To Eternity," starring Burt Lancaster as an archetypal first sergeant, holding machine gun above. Based on a novel by James Jones, "Eternity" portrayed life in the brown-shoe, pre-World War II Army as nasty, brutish and sometimes short. Who can forget the haunting ballad, "Re-enlistment Blues?" Or Lancaster's hard-core first sergeant? Or Ernie Borgnine's sadistic jailer?



U.S. Army Center for Military History

DOUGHBOYS IN THE GREAT WAR -- Soldiers from the 126th Infantry, 32d Division, fire rifle grenades at Mulhouse, Hecken Sector, in Germany on June 14, 1918, a World War I campaign. Fortunately, America entered the war late, suffering fewer casualties than the early belligerents.



painting by Sgt. 1st Class Elzie Golden, first place winner in the Defense Information School's 2002 Fine Arts category

TRACKING BIN LADEN -- An Afghan observes an Army vehicle on the trail of Osama Bin Laden and other Al-Qaida terrorists in a land as wild as its inhabitants.



Warner Brothers

CUSTER'S LAST STAND -- Errol Flynn fights for his life as Col. George Custer in the Battle of the Little Big Horn as depicted in the 1941 movie, "They Died With Their Boots On." Controversies still swirl around Custer. A hero in the Civil War, his final campaign against the Sioux Indians killed himself and 210 Soldiers while enshrining the 7th Cavalry in legend.



DoD photo

VIETNAM -- In the 1960s and early '70s, U.S. Soldiers fought in the sweltering jungles of Vietnam. But helicopter mobility, massive firepower and over a half-million troops (eventually) couldn't overcome domestic discord or guarantee victory in the first guerrilla war the Army had waged since putting down the Philippines insurrection at the turn of the 20th century.

The Army Goes Rolling Along
The official Army song, based on "The Caissons Go Rolling Along" by Brig. Gen. E. L. Gruber



cover of "American Military History," Vol.2, cmh

March along, sing our song, with the Army of the free
Count the brave, count the true, who have fought to victory
We re The Army and proud of our name
We re The Army and proudly proclaim

First to fight for the right
And to build the Nation s might,
And the Army Goes rolling Along
Proud of all we have done,
Fighting till the battle s won,
And the Army Goes Rolling Along.

Then it s Hi! Hi! Hey!
The Army s on its way,
Count off the cadence loud and strong (TWO! THREE!)
For where e er we go,
You will always know
That the Army Goes Rolling Along.

Valley Forge, Custer s ranks,
San Juan Hill and Patton s tanks,
And the Army went rolling along
Minute men, from the start,
Always fighting from the heart,
And the Army keeps rolling along.

Then it s Hi! Hi! Hey!
The Army s on its way,
Count off the cadence loud and strong (TWO! THREE!)
For where e er we go,
You will always know
That the Army Goes Rolling Along.

Men in rags, men who froze,
Still that Army met its foes,
And the Army went rolling along.
Faith in God, then we re right,
And we ll fight with all our might,
As the Army keeps rolling along.

Then it s Hi! Hi! Hey!
The Army s on its way,
Count off the cadence loud and strong (TWO! THREE!)
For where e er we go,
You will always know
That the Army Goes Rolling Along.

the Post

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Grecian Firebolt

(continued from page 1)
Signal Battalion of the Nevada National Guard.

These units will have several missions during Grecian Firebolt, one being to provide strategic and tactical communications services for four ongoing exercises scattered across the nation.

One of these exercises is Patriot Warrior, which will offer 5,000 Soldiers real-world training based on lessons learned in theater. Patriot Warrior is being held at Fort McCoy and will be supported by the 35th Signal Battalion.

The 101st Signal Battalion will provide communications for the Quartermaster Liquid Logistics Exercise (QLLEX), which is being run at Fort McCoy, Devens RTC and Camp Guernsey, Wyo.

Fort Gordon and Camp Parks, Ga., are hosting the Golden Medic exercise, the communications for which will be provided by the 359th and 93rd Signal Brigades and the 319th Signal Battalion.

Finally, the 422nd will support a Nevada National Guard COMEX.

Providing communications support for these four exercises will not only make those exercises more realistic, but will enable the Grecian Firebolt Soldiers to hone their skills for possible future deployment.

"People's lives depend on us to set up communications," said Callahan. "Providing quality communications as quickly as possible saves lives."

Another potentially life-saving mission for Grecian Firebolt Soldiers will be to practice establishing communications with the Federal Emergency Management Agency (FEMA) in a homeland security scenario.

"Due to (Hurricane) Katrina, Grecian Firebolt takes on a bigger flavor with Homeland Security," said Callahan. "If you can't talk, you can't get the help where you want it to be," explained a FEMA disaster preparedness officer.



1LT Deborah Welch, 259th Signal Co

TYING DOWN TECHNOLOGY — Sgt. Owen Elder, above left, and 1st Sgt. Sean P. McCarron, both from the 259th Signal Company, Delaware Army National Guard, secure the unit's tropo dish June 10 to begin Grecian Firebolt 06. Sgt. Ty Grossi and Spc. Jonathan Baker, of the 422nd Signal Company begin balancing the satellite dish for Grecian Firebolt 2006. More than 300 personnel are involved in this exercise that concludes next week. This years exercise tests military requirements, as well as Homeland Defense missions.

ity," said Callahan. The goal is to establish lines of communication between the Department of Defense and the Department of Homeland Security to simulate the desired chain of events in case of another natural disaster or national emergency.

"If you can't talk, you can't get the help where you want it to be," explained a FEMA disaster preparedness officer.

Grecian Firebolt is one of many training exercises held annually on Fort Dix.



David Moore

DoD to notify vets of info theft

WASHINGTON, Army News Service, June 13, 2006 — The Defense Department will inform servicemembers who could be affected by the May theft of personal data from the Department of Veterans Affairs through their monthly pay statements.

DoD is in the middle of an analysis to determine how many active-duty, Reserve and National Guard servicemembers could be affected by the data loss, which occurred when a VA employee loaded personal data onto a laptop, which was then stolen from his home, according to Lt. Col. Jeremy Martin.

When the analysis is completed in upcoming weeks, DFAS will inform servicemembers who are determined to be vulnerable by putting a note on the bottom of their monthly LES.

The VA has set up a special Web site and a toll-free telephone number for those possibly affected by the data loss: www.firstgov.gov and (800) 333-4636. The Web site provides steps on how to check credit reports, how to guard against identity theft, and who to call if an individual believes any fraudulent activity is occurring with his or her personal information.

Police Log

Police Log is a weekly synopsis of significant police activities developed from reports, complaints, incidents or information received and actions taken, for the week of June 5-11.

The abbreviation DoD stands for Department of Defense; NAFD means Not Affiliated with Fort Dix (the subject doesn't live or work here); NCIC stands for National Crime Information Center; DWI means Driving While Intoxicated; CDS means Controlled Drug Substance; POV means Privately Owned Vehicle; MAFB stands for McGuire Air Force Base; AHCC stands for Ambulatory Health Care Clinic (MAFB); VMHBC stands for Virtua Memorial Hospital of Burlington County; CP# stands for Checkpoint Number.

●Police and other emergency personnel responded to a report of a suspicious package attached to a vehicle in the MEPS parking lot. The owner of the vehicle had no idea what was in the package or who had left it. The area was evacuated and EOD was contacted. EOD determined the package contained gift boxes with clothing inside. Investigation continues.

●Police responded when notified of a motor vehicle accident on Alabama Avenue. Investigation revealed the vehicle had struck a utility pole while trying to avoid deer in the roadway. The vehicle sustained disabling damage.

●Police responded to a motor vehicle accident. A vehicle driven by a retired Air Force member stuck a second vehicle pushing it into a third vehicle. All vehicles were released to the operators at the scene.

●A civilian employee of Ft Dix reported damage to a government vehicle. Damage consisted of scratches and dents. The individual did not know where, when or how the damage occurred. Investigation continues.

●Police responded when notified of vandalism in the Garden Terrace housing area. Quarters had been vandalized with eggs. Investigation continues.

●An Army NCO, NAFD, reported his wallet had been stolen from a bus his unit used for transport to the ranges. Individual subsequently discovered money had been removed from his accounts and purchases made with his credit cards. Investigation continues.

●An Army NCO assigned to Ft Dix reported the loss of a simulated anti-personnel mine training aid. Investigation continues.

●A civilian assigned to Ft Dix reported damage to government property (a broken window in a building). A check revealed damage was accidentally caused by a lawn mower hitting a rock, causing it to hit the window.

●Police responded to motor vehicle accident on Range Road. Both vehicles involved sustained minor damage.

●An Army Officer assigned to Ft Dix reported his motorcycle trailer had been stolen from the parking lot of building 5215. Investigation continues.

●An NCO assigned to Ft Dix reported the theft of a bicycle from the rear yard of his quarters. Investigation continues.

●Police responded to a report of larceny of private property. An Army Officer reported several items had been taken from his room in building #5406. There were no signs of forced entry. Investigation continues.

●An Air Force Officer assigned to MAFB reported that person(s) unknown had removed the stereo/CD player from the dash of his vehicle in the housing area. Investigation continues.

●Police responded to a report of a burglary in the Garden Terrace housing area. The quarters are in the process of being vacated as the family moves. Investigation continues.

●Police responded to a motor vehicle accident in the rear of the post museum. Investigation revealed a tactical vehicle had struck a utility pole resulting in damage to the vehicle.

●Police responded to a report of larceny of private property. Investigation revealed that person(s) unknown stole the radio receiver from a vehicle owned by an Army NCO assigned to Ft Dix. The vehicle was parked in the owner's driveway in the Garden Terrace housing area.

●A civilian EMT, NAFD, providing service to an injured soccer player reported her cell phone had been stolen by person(s) unknown at the soccer field. Investigation continues.

●Police responded to Kelly's Tavern in Wrightstown to assist the New Jersey State Police (NJSP) with crowd control in the parking lot. NJSP were investigating a report of discharge of a fire arm. There were no incidents while DoD Police were present.

●Police responded to an anonymous report of ATVs in a training area. A check of the area met with negative results.

●Police responded to a report of a vehicle striking a deer on Range Road. The vehicle sustained minor damage. The deer was terminated at the scene and was removed for disposal.

●Police responded to a report of damage to parked POV. Investigation revealed the damage may have been caused by a subject on a bicycle.

●There were 8 expired identification cards confiscated during the period.

●There were 24 Magistrate Court Citations issued for moving violations. DWI incidents remain at 13 for the year.

Who said that?

Last week's quote was:

"If you don't know what to do with many of the papers piled on your desk, stick a dozen colleagues' initials on them and pass them along. When in doubt, route."

-Malcom Forbes
Publisher

This week's quote is:

"Eat to please thyself, but dress to please others."

Who said that? Find the answer in the next edition of The Post.

**FORT DIX
WANTS YOU**



MAKE A DIFFERENCE

Fort Dix is looking for interested residents who would like to volunteer for the Fort Dix Mayors Program

The neighborhood Mayor is a volunteer who talks to the Command, to DPW, and the DOD Police to insure and improve the Quality of Life for all residents

For those residents who want to make sure the Fort Dix community is the best it can be please contact
Call Army Community Service at 562-2767



Army Reserve Contracting Center captures business award for 2005

Wayne Cook
Public Affairs Staff

The Army Reserve Contracting Center (ARCC) continues to come out on top in its business field. Ray Blauvelt, associate director, small business programs, and his network of contracting professionals have done it again. They have been awarded the Small and Disadvantaged Business Utilization Specialist of the Year for 2005.

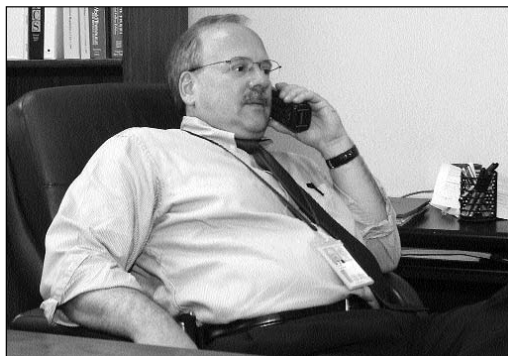
Although Blauvelt's name appears on the plaque he is quick to state that it is because of all the hard work that his people are accomplishing in the field that has earned the prestigious award.

"It's a nice honor to receive, to be honored as the best in your field is very flattering. I must say though, the award was earned by all those in the field who do all the work. They are the ones who go after and lock in all the contracts," said Blauvelt.

Blauvelt manages the small business program and socio-economic goal achievement for the ARCC which consists of 120 contracting professionals working at 14 geographically dispersed locations throughout the continental United States.

During fiscal year 2005 Blauvelt reviewed the procurement strategy on approximately 11,500 actions which were valued at 448 million dollars.

Due to his continual outreach to the small business community, his partnerships with Small Business Administration (SBA) Procurement Center Representatives and SBA Business Opportunity Specialists throughout the country, his effective training of



Wayne Cook

Ray Blauvelt, associate director of small business programs, Army Reserve Contracting Center (ARCC), above, and his network of contracting professionals have been awarded the Small and Disadvantaged Business Utilization Specialist of the Year for 2005.

ARCC employees, and his constant availability to customers during acquisition planning, the ARCC was able to exceed most socio-economic targets by at least 30 percent to almost 200 percent in some areas. These figures exceed the average Army Contracting Agency North Region goal attainment rates.

"We could not be more delighted for Ray. He works hard to make the small business

program successful. His dedication to his work has enabled the Army Reserve Contracting Center here at Fort Dix to surpass all the Army contracting metrics for small business contracting," said Pamela Lutz, deputy director, ARCC.

"The award was earned by all those in the field who do all the work. They are the ones who go after and lock in all the contracts."

Ray Blauvelt
ARCC

Blauvelt and his staff continue to look for opportunities to expand the ARCC's small business base.

In March 2005 Blauvelt was the keynote speaker at the His-

panic American Chamber of Commerce Annual Awards Luncheon. More than 1,000 members of the Hispanic small business community attended the luncheon and many of them have followed up with Blauvelt and because of these relationships contracts totaling in excess of five million dollars have been awarded to members of this business community.

Because of the efforts of Blauvelt and the many professionals in the field who work with him the ARCC is sure to continue its long and impressive history of being the best in the business.

Commissary Fast Facts

'What's in Your Closet' campaign kicks off

Military families are being encouraged to "load up their pantries" as DeCA launches an awareness campaign this month encouraging military families to keep nonperishable foods, water and other necessities on hand for emergencies. DeCA is teaming up with the Armed Forces Emergency Services Branch of the American Red Cross to raise awareness of disaster preparedness throughout the military community.

The "What's in Your Closet?" campaign is intended to get military families thinking about how prepared they are for a disaster. "It's a fact that commissaries and military families have been affected by hurricanes and typhoons at home and abroad," said Patrick Nixon, DeCA's chief executive officer and acting director. "We want to raise awareness of the need to keep emergency supplies on hand - and that shoppers can realize savings of 30 percent or more by using their commissary benefit to supply their emergency closet."

The perfect Father's Day gift is at the new Virtual Commissary

Father's Day is getting close and you can send him a gift he won't forget with one easy visit to the new Virtual Commissary online shopping service. Check out the exciting selection of over 70 gift baskets, ranging from coffee to cheeses, by simply clicking on the Virtual Commissary link found at <http://www.commissaries.com>.

Buy club packs for large items at large savings

Commissary shoppers are discovering the benefits of "club packs" in increasing numbers. Commissaries began selling popular products in bulk three years ago, and sales have gained momentum ever since. Club packs allow customers to stock up on products they need all the time - things like canned goods, paper products and cleaning supplies - and save money in the process. A majority of commissaries sell at least some of the club packs, even overseas stores; and variety is determined by store size and customer need. Club pack selection includes the most popular products people want to buy with top sellers including water, toilet paper, paper towels and sanitizing wipes.

Tips offered for shoppers in a hurry

Here are three tips to help you improve your shopping time. First, call ahead for special orders. Your store might require 24 or 48 hours notice for specialty cakes, fruit trays or baskets, party trays from the deli or special cuts of meat, so be sure to check by calling directly or looking on the store's pages on www.commissaries.com. Second, look for express lanes to make your check-out smooth and speedy whenever you have a few items. Third, many stores post signs indicating that military members in uniform may move to the front of the line during specified hours. Don't hesitate - you've earned it!

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LIVE ENTERTAINMENT
THE SILVER JINGS PARACHUTE TEAM
BOY'S LIFE BAND: THE JETS
20TH ANNUAL Silver act duo from Trinidad and Tobago

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BUSES PROVIDED TO DOUGHBOROY FIELD
FOR TRUCKS WITHOUT DISPLAYS ON TRUCKS VEHICLES
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MILITARY MATTERS

Construction to begin on new Pentagon Memorial

WASHINGTON, Army News Service, June 9, 2006 — As another sign of progress toward establishing a lasting tribute to the 184 people killed at the Pentagon on Sept. 11, 2001, the start of on-site construction for the Pentagon Memorial will be marked with a June 15 ceremony here.

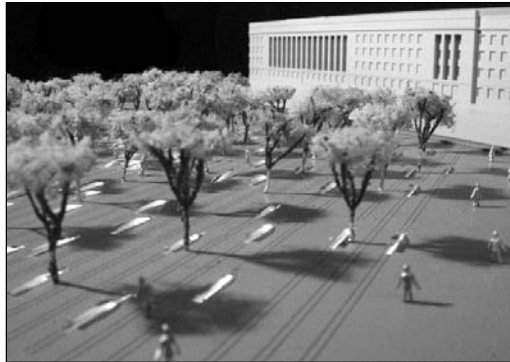
Jim Laychak, president of the Pentagon Memorial Fund, said the June 15 ceremony will be important to family members because it's a sign of progress, but it will also be important to the community as a whole.

Laychak, whose brother David was killed at the Pentagon on Sept. 11, has been involved with the Pentagon Memorial planning since 2002, when the design competition for the memorial began.

The design competition for the memorial was anonymous and judged in a democratic fashion, Laychak said. The family members had input into the decision, along with a jury of architects and people from the Pentagon community, he said.

The winning design was chosen because it invited contemplation and created a comfortable, peaceful atmosphere, Laychak said.

The memorial will be built on



courtesy photo

Artist's rendering of the new Pentagon Memorial

a two-acre site at the Pentagon, just outside the spot where terrorists crashed the hijacked American Airlines Flight 77 into the building. The design includes 184 illuminated benches representing each of the victims killed, with lighted reflect-

ing pools beneath each bench.

There will also be an "age wall" surrounding a perimeter bench around the memorial, which grows in height from two inches above the seating surface to 71 inches above the seating surface, to represent the victims'

age range. The illuminated benches, which will each bear the name of a victim, will also be arranged by age and will follow the path of the plane into the building, said Keith Kaseman, one concept designer for the memorial.

West Point Cadets arrive for training with 78th Division

Maj. John J. Bailer Jr.
S3 Futures, 2-315th FA

The Cadets from West Point, the United States Military Academy (USMA), recently descended upon the 78th Division at Fort Dix and have filtered down to the 2-315th Field Artillery where they are learning and engaging in the everyday life as an officer here at the Steel Battalion lead by Lt. Col. Steven P. Heidecker.

Senior Cadet Lt. Roger Kim, a native of Bergen County, and Junior Cadet Sgt. Keith Fine of Forest Hill, Md., are just the first of many to arrive at 5th Brigade, 78th Division's door step this summer in hopes of gaining considerable hands on training as the 2-315th coach teaches and mentors the nation's young men and women to help fight the Global War on Terrorism.

"I think this experience will help us build that critical operational and logistical mindset early on in our careers, which really pays off in the long run," said Kim, who begins his senior year this fall and will graduate this time next year with a bachelor's degree in sociology.

"The field artillery rocks!" exclaimed Fine, who begins his junior year this fall as well with

an emphasis on engineering psychology.

"The value gained with the interaction of NCOs (Noncommissioned Officers) at this stage of their development, with regard to the intricacies of training units heading to harms way during a time of war, really speaks volumes," explained Capt. Augustus Tutu, battalion executive officer.

"I see my job as training the future leaders of America," said Staff Sgt. George Nathan Byrd, human resources manager of the 2-315.

"It's not every day cadets get a chance to intermingle and learn about the Army with the Soldiers and officers within the 5th Brigade," said Sgt. 1st Class John Packer, the battalion logistical manager, conveying the finer aspects to the cadets regarding maintenance and providing the standard coach, teach and mentoring methodology when instructing.

Both of these future leaders of America join the Army post 9/11, each for different reasons. However, they both possess a noticeably higher sense of duty and patriotism.

"A fantastic opportunity molding these leaders while deployed here in New Jersey; what better way to gain first-

hand knowledge than to help train National Guard and Reserve Soldiers prior to their deployment to Iraq or Afghanistan," said Capt. Rich Coleman, OIC of the combat defensive patrol exercise.

Each day, their lives are filled with rewarding challenges; greeting each day head-on with exuberance is the chal-

lenge both cadets face, learning about the intricacies of Army life and at the same time training the National Guard and Reserve Soldiers for Iraq and Afghanistan in a time of war.

Note: The 2-315th received two cadets from West Point this month and is scheduled to receive an additional cadet next week.

Pennsylvania National Guard first to add new Stryker vehicle to fleet

Pfc. Elizabeth Jones
Army News Service

FORT INDIANTOWN GAP, Pa., June 12, 2006 — The Pennsylvania National Guard's 56th Combat Stryker Brigade became the first National Guard unit to welcome the Stryker light armored vehicle to its fleet during a rollout ceremony at Fort Indiantown Gap, Pa., June 10.

The ceremony marked the unit's transformation from a heavy combat brigade to a Stryker brigade, one of seven elite rapid-mobilization brigades in the Army and the only National Guard unit selected for the program.

"The experience of this brigade from concept development to material fielding is

not only serving as a catalyst to lead change across the Army National Guard here in Pennsylvania, but across the entire force," said Army Vice Chief of Staff Gen. Richard A. Cody. "We in the Army's senior leadership are committed to producing units that are fully ready in terms of training in modernized equipment ... in whatever capacity they may be called on to serve this nation as citizen Soldiers."

"We appreciate the confidence that the Department of Army has placed in the Pennsylvania Army National Guard," said Maj. Gen. Jessica L. Wright, Pa. NG adjutant general. "And I assure you that our Stryker brigade combat team will be the best in the inventory."

The brigade began training in 2003, adding 20 extra days to their yearly training

calendar so Soldiers would have extensive instruction on how electronic surveillance systems, visual communications equipment and driver training for the Stryker.

"I feel like I'm ready to go whenever they need me," said Spc. Scott Jones, Cavalry scout for Alpha Co., 2nd 104th Cavalry.

"They are enthusiastic about change; they embrace technology and they are warriors," Wright added. "The combination of Soldier and machine will prove formidable forth anywhere in the world, as well as a tremendous asset here at home."

Lt. Governor Catherine Baker Knoll and U.S. Reps. Tim Holden and John Murtha also attended the ceremony.

(Editor's note: Pfc. Elizabeth Jones writes for the 109th MPAD.)



Sgt. 1st Class Hubert Townsend
Small Arms Readiness Group

As a young shooter, I wasn't bright enough to research marksmanship stuff to learn all that I could. Some people have to learn the hard way. But the secret was there all along, right on page 4-14 of the Rifle Marksmanship FM under the heading "Natural Point of Aim." I can't remember any of my Marine trainers back in '72 ever mentioning this concept and it wasn't until years later while attempting to shoot at small targets while standing offhand with a match M14 that I learned this valuable tip.

How the @#\$ does someone hit a 10-inch target, offhand, 200 yards away? I knew I was shooting during my natural respiratory pause, focusing on the front sight and pulling the trigger smoothly so that each shot came as a mild surprise. Yet I could never shoot a score above 83 or so. How could anyone shoot in the 90s? It was beyond me.

Fortunately for my shooting career and my team's score, an old coach saw me go to the firing line one practice session. He noticed me plant my feet, bring up the rifle to shoot and then he observed me ever so slightly moving the rifle over just a wee bit to get exactly on target. He came up to me and asked "Do you know what natural point of aim is?" Being smart enough to want to shoot as good as this master did, I told him, "No, please tell me." His words of wisdom, faithfully followed ever after, immediately raised my average score into the low 90s! The FM says it directly to the point:

"When the soldier first assumes his firing position, he orients his rifle in the general direction of his target. Then he ADJUSTS his BODY to bring the rifle and sights exactly in line with the desired aiming point..."

The key phrase here is "adjust his body." That means if lying down, to move your belly button left or right. If standing, move your feet to align the rifle on target. The Soldier can quickly verify natural point of aim by closing his eyes for a few moments and relaxing. If he had muscled the weapon onto the target, then it will drift back to where it naturally wants to shoot. Just move your belly button or feet to get back onto target.

The Groundhogger can easily see if the Soldier has attained natural point of aim by having him close his eyes for about 10 seconds and lightly tapping the front sight housing straight to the rear to simulate mild recoil. Then, have the Soldier open his eyes and see what he does to get back onto target. Notice if he moves the rifle sideways or hunches or lowers his shoulders. If he has mastered this simple concept, then the rifle is still on target and the Groundhogger will detect no motion to get back onto target. Utilizing this tip will immediately decrease the size of the resulting group. So simple, yet so effective.

Editor's note: Townsend holds the Distinguished Rifle and Pistol Badge, shoots with the United States Army Reserve international combat team and is a National Rifle Association certified instructor. He welcomes all comments at Hubert.townsend@us.army.mil

Colors fly for Army birthday



photos by Carolee Nisbet



Twenty-six Soldiers from the Mobilization Readiness Battalion participated in the Retreat ceremony outside Wurman Hall June 15 in honor of both Flag Day and the Army's 231st birthday. The U.S. Flag that was lowered and folded during the ceremony boasted a 20-foot hoist and a 38-foot fly (which means it was 20-feet high by 38-feet long). Staff Sgt. Calvin Stephens, at right holding flag, was one of the more than two-dozen Soldiers on hand to assist with the proceedings. Since its birth on June 14, 1775, Soldiers have fought more than 10 wars, from the American Revolution through the Cold War, the Gulf War, to the current Global War on Terrorism.



photos by David Moore

Curt Anderson of Chapter 899 Vietnam Veterans of America, Burlington County, plays the bagpipe during the opening ceremony of The Moving Wall. The tribute to veterans is located at Freedom Park, Medford, until June 19.

Memorial unveiling moving experience



Cadets from Burlington City High School ROTC place flags at the respective panels of the Moving Wall where the names of 81 Burlington County residents who died in the Vietnam War are listed. Sgt. 1st Class Anthony Adams, below left, provides cadets with instructions, while Yolanda Coffee, right, prepares to distribute the flags.



NEIGHBORHOOD

THE CORNER

BOSS program sponsors free Virginia Beach trip

The Better Opportunities for Single Service members (BOSS) program is sponsoring a free trip to Virginia Beach and Busch Gardens July 21-23. The bus will leave from Fort Dix at 6 p.m. July 21 and return on July 23.

The BOSS program at Fort Story will host a beach blast event on the day of arrival, and a dance party that evening. Participants will be shuttled to Busch Gardens July 22 and granted free admission to the park.

There are only 50 seats available, so reserve yours now. Points of contact are Laura.eulalee.johnson@us.army.mil, troy.boston2@na.amedd.army.mil, mary.parris@mcguire.af.mil, kevin.thompson@dix.army.mil, and david.beidelman-02@mcguire.af.mil.

Pancake Breakfast to benefit Soldiers

The Family Readiness Group for Delta Company, 250th BSB, will hold a Pancake Breakfast fund-raiser June 24 from 8:30 to 11 a.m. at VFW Post 6590, 22 Veterans Way, Cookstown.

Cost is \$7 for adults and \$3.50 for children under 12. Funds raised will help support deployed Soldiers and their families.

Cool off with caution in backyard pools

The Directorate of Public Safety, in conjunction with the Fort Dix Housing Office, reminds all installation residents to cool off with caution this summer when using back yard swimming pools.

Housing regulations lay out in detail the safeguards that must be in place before the splashing begins for the post's kids.

Pools must be wading pools only, with water no deeper than 12 inches.

Adult supervision is required whenever a pool is in use. While a foot of water doesn't seem to pose a great hazard for kids, communities nationwide see tragic and needless drownings every summer as a result of unsupervised pool use by young children. All backyard pools must be emptied when not in use. Covering the pool is not sufficient to meet this standard.

This requirement is in place not only to prevent accidental drownings. Eliminating standing water is a major factor in reducing breeding grounds for mosquitoes that may carry West Nile Virus.

Additional copies of the housing regulations may be picked up at the Housing Office, Bldg. 5212.

Child care available for kids aged 2 to 5

The Fort Dix Child Development Center (CDC) presently has full-time openings for children 2 years to 5 years of age (children who completed kindergarten this year). A waiting list exists for children under 3 years of age.

Fees are based on total family income and include breakfast, lunch and snacks. The CDC is open Monday through Friday from 6:30 a.m. to 5:30 p.m.

For more information and registration call Child and Youth Services Central Enrollment Registry at 562-4702/5231 or stop by building 5203 on Fort Dix.

Garden plots ready to grow

The Regional Directorate of Public Works (RDPW) has prepared garden plots for the 2005 growing season. Plot sites will be assigned upon request by Fort Dix residents. To reserve a plot, call 562-2015 weekdays between 9 a.m. and 3:30 p.m.

Mulch available at Self-Help Store

Mulch for post housing residents can be picked up at the Self-Help Store, which is located on Delaware Avenue next to the firehouse, Tuesday through Friday from 9:45 a.m. to 6 p.m., and Saturday from 8 a.m. to 4 p.m.

Dixan offers constructive testimonial

The new canopy over the Route 68 Gate, which is designed to provide protection for motorists and the entry controllers from the weather, is well underway and the gate is scheduled to reopen for traffic on June 23. During construction, traffic has been diverted to other gates, especially at Wrightstown, causing occasional delays. But there is a silver lining, as evidenced by the submission printed below:

With the Pointville (Route 68) Gate under construction, which puts all traffic focused on the Texas Avenue Gate and also the Wrightstown Gate, I would like to say how courteous drivers are when leaving the base at or around the 4:30 p.m. hour.

I exit through the Wrightstown Circle. Yes, there are long lines from each direction, leaving and coming, but drivers are so patient and respectfully acknowledging other drivers to enter the circle. I think it is so great for people to be so considerate.

Diane Box
Chenega contractor



Wayne Cook

Teens get 'Job Ready!' at Youth Center

Jennifer M. McCarthy
Public Affairs Staff

According to the Bureau of Labor Statistics, 66.6 percent of 16 to 24 year olds were looking for work this past summer.

This year, that number will grow by at least a dozen as graduates of the Fort Dix Boys and Girls Club "Job Ready!" Program take their first steps into the working world.

But how do you land a job when you have little or no working experience?

"The program makes them realize they (the teens) have skills even if they have not worked," said Sharon Gardner, Job Ready! Program coordinator.

For 10 weeks, 12 young people gave up their Friday afternoons to learn how to sell and package the skills they have in order to improve their chances of becoming and excelling as employees.

Through role-playing and hands-on experience, the Job Ready! Program gave 14 to 18 year olds the opportunity to learn valuable skills such as how to fill out an employment application, how to write a resume and cover letter, how to master the interview process and ways to make money being self-employed. Contemporary Staffing, an employment agency, sent a speaker to talk to the program about how to dress for success.

Job Ready! even arranged for employers, such as Shawn John Productions, Inc., a photography company that has the photo concession at Six Flags Great Adventure, to come to the Youth Center to interview the candidates.

The effort the teens put out paid off; five of the 12 participants recently found employment.

KC Ferguson, 15, will spend his summer taking photographs at the front gate of Six Flags Great Adventure. He hopes his first working experience will lead to a career "taking pictures for National Geographic."

He is not alone in realizing that the skills learned in Job Ready! could lead to greater things.

"The skills they taught us will help to get us through life; they are tools we

could use as doctors and stuff like that," said Devan Holliday, 15, who also landed her first job with John Shawn Productions, Inc.

"You couldn't find a flaw with them," said John Gannaio, who was interviewing the teens for Shawn John Productions. "They had firm hand

shakes, made eye contact. They were young adults, not kids, well-spoken, well-mannered. Their prepared resumes set them one step ahead of everyone else."

The kids attribute their success to Lillian McCay and Sharon Gardner, the Job Ready! Program advisors.

"If it was not for their determination and persistence, we would not have these jobs," said KC Ferguson, with Holliday and Chantel Wright, another Job Ready! graduate in agreement.

For more information about Job Ready! or other programs held at the Youth Center call 562-5061.



Wayne Cook

Kids DARE to be different

Lt. Bonnie Graham-Morris, DoD Police, poses with fifth-grade students who were awarded medals during the DARE program graduation at the Fort Dix Elementary School June 7. The students were picked from among their peers for their writings on what the DARE program meant to them. The winners are, from left, Ashley Duncan, Denise Noboa, Mitchell Paradis and Octavia Cowell.

Old friends pay visit to Fort Dix

Leonard Burger, state secretary of the Independent Order of Odd Fellows and former Dix employee, presents Malasia Ruiz, 7, with a check for \$250 to assist Malasia with fees associated with her competing in the National American Miss Pageant Aug. 18-19 in East Brunswick. Malasia is the daughter of Staff Sgt. Anthony and Wanda Ruiz. A win in New Brunswick earns Malasia a chance to compete in the pageant held in Disneyland later this year.

Jennifer M. McCarthy



Steve Snyder

Col. David McNeil, installation commander, center, awards the Legion of Merit to retired Command Sgt. Maj. Shirley Minster, former command sergeant major for mobilization, left, and the Meritorious Service Medal to Command Sgt. Maj. Theresa Lynn, former Mobilization Readiness Battalion command sergeant major, during a June 14 ceremony.



Jim Curren
United Communities

Looking for more information about housing privatization and how it will affect Fort Dix and McGuire Air Force Base? Check out this monthly column or log on to the United Communities web site at www.mcguiredixuc.com.

1. Is there a demolition schedule available?

a. United Communities is working with the Government on the demolition schedule. As the plans are approved, we will post this information on our website under the Project List.

2. What will these new homes cost?

a. The rent allotment for each service member is equal to 100% BAH. An important thing to remember is that rent equals 100% BAH.

3. What about rent for dual military households?

a. Rent will be established as the ranking service member's BAH with dependent rate. The BAH of the lower ranking service member will be retained by that service member.

4. If children have to change school districts, will the school buses be available to pick them and take them to their new school?

a. The school bus routes will remain the same; therefore, if you desire school bus service you will have to transport your children to the appropriate bus stop if you want to utilize school bus service.

5. Who will pay our moving costs if we are relocated due to demo/construction?

a. The Government and/or United Communities will pay for moving costs.

6. Will the Self Help Store still be available?

a. Yes, United Communities will offer self help service.

7. What is the time frame for correcting existing maintenance issues?

a. We plan to "hit the ground running" on our first day as your new management company. We are currently compiling and outfitting a staff of maintenance technicians to service your needs. Existing maintenance requests will be prioritized and addressed in the shortest time possible.

8. What is the mowing schedule?

a. We will perform all yard maintenance except mowing inside fenced yards. We will mow and edge the lawn, trim trees and shrubs, and maintain the beds. You may plant annuals in your beds but need prior permission to plant trees, shrubs or perennials. We will apply all chemical treatments, fertilizer and herbicide. If your yard requires special attention — for example, if you are bordered by a wooded area and experience overgrowth, UC will address these needs.

9. What is the Pet Policy?

a. Pets will be allowed in the homes; however, there is a limit of two pets per home. United Communities Pet Policy is currently under review by the Government and will be posted on the website after approval.

McGuire/Dix facility honored in '05 Best Commissary competition

Cherie Huntington
DeCA

FORT LEE, Va. — Like a horse race where the winner succeeds by a nose, the Defense Commissary Agency's Best Commissary competition this year tapped 43 stores as running "neck and neck" on the heels of the five worldwide winners.

"These stores are star performers around the clock, day in and day out, delivering the benefit with benchmark style," said Patrick Nixon, DeCA chief executive officer and acting director. "They met accountability in all departments; they held down unit cost while increasing sales and achieving high scores on customer surveys. Only 48 stores out of 268 worldwide excelled in these difficult performance criteria, so they all deserve our congratulations."

DeCA recently announced this year's winners for its Best Commissary awards in five categories. The complete roster of honorees follows, including runners-up, honorable mentions and noteworthy performers in each category:

* Peterson Air Force Base, Colo.: winner, Bill Nichols Award, Best Large Commissary in the United States;

o Runner-up: Fort Eustis, Va.;

o Honorable mention: Naval Air Station Whidbey Island, Wash.; Naval Station Everett-Smokey Point, Wash.; and Naval Base Kitsap-Bremerton, Wash.; and

o Noteworthy performers: Aberdeen Proving Ground, Md.; Marine Corps Base Camp Lejeune, N.C.; Carlisle Barracks, Pa.; F.E. Warren Air Force Base, Wyo.; Fort Gillem, Ga.; Marine Corps Base Hawaii Kaneohe Bay, Hawaii; Little Rock Air Force Base, Ark.; and Naval Air Station Patuxent River, Md.



Ed Mingin

ATTEST TO THE BEST — John Zoubra, Commissary manager, displays the plaque documenting the store's honorable mention in the Superstore Category of the Defense Commissary Agency's Best Commissary Competition. More than 265 stores compete each year.

*Armament Research, Development and Engineering Center Picatinny Arsenal, N.J.: winner, Richard M. Paget Award, Best Small Commissary in the United States;

o Runner-up: Coast Guard Air Station Barbers Point, Hawaii;

o Honorable mention: C.E. Kelly, Pa.; Marine Corps Air Station New River, N.C.; and Naval Surface Warfare Center Dahlgren, Va.; and

o Noteworthy performers: Altus Air Force Base, Okla.; Naval Supply Corps School Athens, Ga.; Naval Air Station Brunswick, Maine; Naval Sub-

marine Base Kings Bay, Ga.; Fort McPherson, Ga.; Naval Shipyard Portsmouth, N.H.; Rock Island Arsenal, Ill.; Naval Support Unit Scotia, N.Y.; and Navy Information Operations Command Sugar Grove, W.Va.

* Garmisch, Germany: winner, L. Mendel Rivers Award for the Best Small Commissary Overseas;

o Runner-up: Pusan, South Korea;

o Honorable mention: Command Fleet Activities Chinhae, South Korea; Camp Carroll, South Korea; and Ankara, Turkey; and

o Noteworthy performers: Royal Air Force Croughton, England; Hannam Village, South Korea; Giebelstadt, Germany; and Livorno, Italy.

* Fort Lewis, Wash.: winner, Director's Award, Best Superstore;

o Runner-up: Naval Air Station Jacksonville, Fla.; and

o Honorable mention: McGuire Air Force Base, N.J.; Fort Carson, Colo.; and Naval Air Station Pensacola, Fla.

The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment.

Authorized patrons purchase items at cost plus a 5-percent surcharge, which covers the costs of building new commissaries and modernizing existing ones.

Shoppers save an average of 30 percent or more on their purchases compared to commercial prices — savings worth about \$2,700 annually for a family of four.

A core military family support element, and a valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America's military and their families, and help recruit and retain the best and brightest men and women to serve their country.

o Noteworthy performers:

NCO Academy, 8th Brigade team for training

Shawn Morris
Public Affairs Staff

Brooklyn, N.Y., is known for many things, including Coney Island, the Brooklyn Bridge, and the American Revolution's Battle of Brooklyn Heights. It was also home to one of baseball's greatest rivalries, until the Dodgers moved to Los Angeles in 1958.

But the latest jewel in Brooklyn's crown is the 8th Medical Brigade's Academy of Advanced Combat Casualty Medicine (AACCM) at Kings County Hospital Center. The school prepares Army Reserve medical personnel for deployment by increasing their knowledge and skills through individual and team training with experienced trauma, ER (Emergency Room) and ICU (Intensive Care Unit) hospital staff.

The program has been in place for the past three years, but this past month marked a first when instructors from the Fort Dix Noncommissioned Officer Academy (NCOA) were invited to teach their Total Army Instructor Training Course (TAITC) and Small Group Instructor Training Course (SGITC) to AACCM students who, upon graduation, will become AACCM instructors and OICs (Officers in Charge).

"I was able to facilitate this partnership, and get all the players on the table, both military and civilian," explained Col. Consuela Duncga, dean of the AACCM and chief nurse with the 8th Medical Brigade. "This academy is really very important in terms of preparing our Soldiers for deployment."

"My philosophy is education," she continued. "I believe that in order for a person to teach, they need to know how to teach."

To that end, Sgt. 1st Class Steven Cooper, TAITC/SGITC NCOIC (Noncommissioned Officer In Charge), selected Staff Sgts. Dwight Crutchfield and January Rodriguez to teach TAITC and SGITC at Kings County Hospital May 22-25 to show a dozen Army medical professionals how to use innovative thinking and the small-group method to more effectively teach future AACCM students.

"Overall, they did very well," said Cooper of the 12 TAITC/SGITC students who underwent two days of classroom training and two days preparing and delivering 5-7 minute Power-Point presentations, produced a final 45-55 minute presentation and facilitated a 15-20 minute block of instruction using the small-group method of instruction.

"I was asked by Col. Consuela Duncga to teach TAITC and SGITC to her students because of the reputation of our instructor training courses at the Fort Dix NCO Academy," continued Cooper. "Her intent was



that we work with her cadre in improving their ability to facilitate complex medical training using the adult-learning model based on the small-group methods of instruction."

The four-day schedule for TAITC/SGITC was condensed from the normal 15 days taught at the NCOA, but by conducting the abbreviated course as Inactive for Duty Training (IDT), the students were able to reap the benefits of TAITC and SGITC in a fraction of the time and at a substantial savings to the taxpayer.

"This is a learning experience, just like the course," said Lt. Col. Christine Rem, clinical operations manager, 8th Medical Brigade, of the school's new partnership with the NCOA. "We'll see over time how everything goes."

The first sergeant of the AACCM is Douglas Levy, who is a TAITC graduate. Levy will be conducting evaluations of the students in July, and the NCOA instructors will return to Kings County Hospital in August to evaluate the TAITC/SGITC students as they teach AACCM students in a real-world environment. Upon successful evaluation, the TAITC/SGITC graduates will be able to put what they've learned into practice when they return as instructors for the next AACCM class.

The AACCM offers three major programs: The Army Reserve Trauma Training Program (ARTTP), the Critical Care and Emergency Care Nursing Program (8A/M5), and the 91W (Health Care Specialist) Transition and Sustainment Program.

The 12 AACCM students who took part in TAITC/SGITC course are part of ARTTP, a nine-month program consisting of two weeks active-duty training, plus seven months IDT during monthly Battle Assemblies (formerly known as drill weekends). General Army training, such as land navigation and

physical fitness, is also conducted during these Battle Assemblies, as it normally would be at the student's home station.

There are 56 students currently enrolled in ARTTP from various medical units – including Fort Dix's own 348th General Hospital – who are scheduled to graduate Aug. 26. With 65-70 percent of the Army's medical assets in the Reserve, these Soldiers should prove valuable assets in the Global War on Terrorism.

"They're the ones who are going to be saving our Soldiers' lives," said Rodriguez.

By all accounts, the students enrolled in all the AACCM programs should be well-prepared to do just that.

"It has been a phenomenal experience for me," said Staff Sgt. Jigna Chokshi, 344th Combat Support Hospital (CSH), who serves as a surgical assistant in civilian life. "I think this

is an excellent program."

"What we're finding now with the war is (Soldiers) are not prepared medically," added 1st Lt. Mitzie Palmer, 344th CSH, who has spent the past 15 years as a New York City police officer. "This helps them to sustain their skills."

Kings County Hospital offers the perfect setting for sustaining medical skills, with more than 1,000 trauma admissions in 2003 and 2004. Patient injuries included motor-vehicle trauma, stabblings, severed limbs and gunshot wounds – including one from an M-16 rifle.

If it sounds like a war zone, that's the point: To put these Soldiers in an environment that will best prepare them for a future deployment.

"I want to make sure the troops know what they're doing," said Palmer.

During the training, the 8th Medical Brigade also hosted the Fort Dix NCO Academy's first-ever leadership offsite where the NCOA revisited its mission, vision and METL, and they also were able to conduct strategic planning for the NCOA.

On the third night of training the Dix NCOA leadership and the AACCM took a subway



courtesy photos

SMALL-GROUP SUCCESS -- Maj. Cindy Proulx shows Lt. Col. Christine Rem how to draw blood as part of the final demonstration phase of the Fort Dix NCO Academy's Total Army Instructor Training Course and Small Group Instructor Training Course.

from Kings County Hospital to Fort Hamilton and had a social gathering at the officer's club, which included a buffet dinner

followed by a ceremony where each group recognized the other for contributing to the mission of their organization.

'Real McCoy' heads west to lead NCOA

Sgt. Maj. Dennis Martinson, director of instruction at the Fort Dix Noncommissioned Officer Academy (NCOA), is heading home to Wisconsin to become commandant of the Fort McCoy NCO Academy.

"My two initial goals are to bring the academy up to full strength and update the Warrior Leader Course," he said.

Martinson, who will say goodbye to Fort Dix June 23, will be missed by his fellow academy Soldiers.

"His background and experience have been cornerstones in the institutional knowledge I've relied on," said Command Sgt. Maj. Franko Antolovich, Fort Dix NCO Academy commandant.

Martinson referred to Antolovich as a mentor who has taught him to think outside the box, and had nothing but praise for those he's worked with at the academy.

"I haven't seen a more professional collection of NCOs," he concluded.



Jennifer M. McCarthy

YEARS OF EXPERIENCE -- Sgt. Maj. Dennis Martinson, director of instruction at the Fort Dix NCO Academy, addresses the graduating class of the Warrior Leader Course June 9. Martinson is leaving Fort Dix June 23 to become commandant of the NCO Academy at Fort McCoy, Wis.

Announcements



Movie Schedule
at the McGuire AFB Theatre
Movie Hotline 754-5139

Friday, June 16 @ 7:30 p.m.

United 93 - David Alan Basche, Richard Bekins - Based on the true story of United Flight 93 on 9/11, the movie depicts in detail and real-time the events that culminated with the passengers working together to stop the terrorists' plan. **MPAA Rating: R for language, and some intense sequences of terror and violence. 111 min.**

Saturday, June 17 @ 7:30 p.m.

Stick It - Missy Peregrym, Vanessa Lengies - Haley is a naturally gifted athlete but, with her social behavior, the teen seems intent on squandering her abilities. After a final brush with the law, a judge sentences her to an elite gymnastics academy run by a legendary, hard-nosed coach. Once there, Haley's rebellious attitude wins her both friends and enemies. **MPAA Rating: PG-13 for some crude remarks. 105 min.**

Future Features...

Poseidon
Friday, June 23 @ 7:30 p.m.
PG-13, 98 min.

Goal: The Dream Begins
Saturday, June 24 @ 7:30 p.m.
PG, 117 min.

SPECIAL MATINEE
RV
Saturday, June 24 @ 2:00 p.m.
PG, 98 min.

Main Chapel

562-5791/562-2020
Sunday services

Protestant at 9 a.m.
Catholic Mass at 10:15 a.m. Gospel at 11:30 a.m.
Catholic CCD is held at 9:15 a.m.
Protestant-Gospel Sunday School at 10:15 a.m.

Religious Services

Islamic Prayer Services
held at noon, Monday through Thursday - Room 24
Adult Bible Study
Wednesdays at 7 p.m.
Catholic Adult Bible Study - Sundays at 11:30 a.m.
Christian Women of the Chapel
hold a **Bible Study** - Tuesdays, 9:30 a.m. to noon

Jewish Services
Shabbat held every first and third Friday evening at 6 p.m. followed by KIDDOUSH Fellowship

Chapel 5 (Bldg. 5950)
562-4847

Memorial Prayer Service for Our Soldiers
5:45 p.m. each Sunday
Computer Room: Mon. - Fri.
9 a.m. - noon / 2-4 p.m. and 5-8 p.m.
Infant Baptism and Lutheran Confirmation
Instruction by appointment

Organizations

Vacation Bible School at the Chapel
The Fort Dix Chapel will hold Vacation Bible School from June 26 to June 30 for ages four to 12. Classes are held at the Fort Dix Main Chapel and run from 9 a.m. to noon.
The theme this year is "Quest for God's 10 Commandments."
Registration forms are available at the Chapel. Call 562-2020 for more information.

Yard of the Month starts in June

The Yard of the Month Competition will run June, July and August.
The program is designed to instill pride in each of the respective family housing communities and to provide special recognition to those who have taken exceptional pride in their respective outside area.
On-site visits will be performed during this period and one yard from each community will be selected. Selection will be based on yards with flowerbeds as well as lawn with grass trimmed and edged around walks, driveways, curbs and fences.
The purpose of the award is to give post housing dwellers incentive. Since there is a requirement by regulation to maintain yards, this program can help people take pride in their yard.

County WIC Program Available

Women, Infants and Children (WIC) is a federally funded supplemental nutrition program for pregnant and breastfeeding women, infants and children under the age of 5. Eligibility for the program is based on an income and nutritional or medical risk. WIC can provide infants with iron-fortified infant formula, cereal and juice. Children and women receive milk, cheese, eggs, cereal, juice, peanut butter or beans. Women who breastfeed and do not use any infant formula may also receive carrots and tuna.
The Burlington County WIC Program has clinic sites throughout the county. Evening appointments are available. To learn more about the program call WIC at 267-4303

305 MDG Pharmacy information

Patients using the 305 MDG Ambulatory Healthcare Center who received a prescription must first visit the pharmacy to "check-in and activate" the prescription. An ID card is required. The pharmacy will process the prescription only after check-in.

Current prescriptions may be refilled 24 hours-a-day, seven days a week., by calling 754-9470. Refills can be requested seven to ten days before the prescription runs out. Refills are ready for pick-up two duty days after being phoned in.

Civil Air Patrol Membership

Civil Air Patrol is a vital organization that prepares our youth morally, physically and mentally as leaders of tomorrow. By providing leadership training, technical education, powered and non-powered flight orientation, scholarships and career education for young people (12-18 yrs). We are looking for adult and cadet members who want to make a difference in their personal lives while contributing to a strong America. Contact: Major. Michael Sperry 609-239-4616 or msperry1@comcast.net/http://www.njwag.gov/ Building 3412 Neely Rd, McGuire AFB.

Soul Line Dance Lessons

3 - 5 p.m

at Club Dix

\$7 per person

Call (609)383-9576
for more info

Saturday, June 24

YARD SALES

Deadline to Register is June 16

Any resident in housing must register for a Yard Sale permit at the Youth Center at 1279 Locust Street. The permit cost \$5 and are free to members of Club Dix or the Fountain Green Golf Course. The permit must be posted outside your quarters, but no other signs may be placed in housing area. Call 562-5061 for more information.
Deadline to register for July 8 sale is June 30.

Youth Center

Bldg. 1279 Locust Street

562-5061

Hours of Operation:
Tuesday - Friday 2 to 7 p.m.
Saturday 1 to 7 p.m.
Sunday CLOSED

Administrative Hours:
Tuesday - Friday noon to 6 p.m.

June Schedule

June 16

Power Fun Friday
3:30 - 4:30 p.m.
Keystone Club @Teenopolis
6:00 - 7:00 p.m.

Teen Trip to AC Boys and Girls Club
4:00 - 11:00 p.m.

June 17

Swimming Trip
2:00 - 5:00 p.m.

June 19

Power Hour
2:30 - 6:00 p.m.
Computer Lab
4:00 - 6:00 p.m.

June 20

Self Directed Activities

June 21

Summer Fun Middle School Program Starts

June 22-30

Self Directed Activities

Home School Group Sessions

Parent-led activities in sports/fitness, arts & crafts, and science
Fridays for kids ages 5 to 18
A no-fee registration is required

Call for more info on Saturday programs including Midnight Basketball the first Saturday of each month from 9 p.m. to midnight.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

MOBILIZATION NEW YOU CAN USE

WDIX
Commanders
Channel 2

WDIX
Commanders
Channel 2

Post Shuttle Bus

562-5888
Monday to Sunday -- 7 a.m. to 10 p.m.
During the day *Star Shuttle* buses are used, in evening the *military Bluebird* buses are run.

Dix Shoppette/Class Six/ Gas Station

723-0044
Bldg. 5399, Texas Ave.
Monday to Friday - 6 a.m. to 10 p.m.
Weekends - 7 a.m. to 10 p.m.

New Hours

Commissary, BX/PX & Mail

754-4154, 723-6100
Monday to Thursday - 10 a.m. to 8 p.m.
Friday and Saturday - 8:30 a.m. to 8 p.m.
Sunday - 10 a.m. to 6 p.m.

Military Clothing Store/Alterations

723-2307
Bldg. 5601, Texas Ave.
Monday to Saturday 10 a.m. to 5:30 p.m.
Sunday - Closed.

Club Dix

723-3272
Dix Cafe
Tuesday to Friday 11 a.m. to 1 p.m.
Revolutions Lounge
Opens 4:30 p.m. Tuesday to Sunday
Karaoke every Thursday at 8 p.m.

Spouses' Club Thrift Shop

723-2683
Tuesday and Thursdays - 10 a.m. to 2 p.m.
First Wednesday of each month - 4 to 8 p.m.
First and 3rd Saturday of each month - 10 a.m. to 2 p.m.
Consignments are taken the first three hours of each day the shop is open. Consignment items must be clean and in good condition - no tears or stains on clothing and shoes, and no heavy chips or dents in furniture or other household items

Outdoor Recreation

562-6667
Bldg. 6045 Doughboy Loop
Equipment for rent includes skis, snowboards, canoes, flat bottom boats, canopies of various sizes, tents, tables, chairs and more.
Monday to Friday 10 a.m. - 5 p.m.
Saturday 4 p.m.

Reduced Services

Post Library/Computer Lab

562-5228
Delaware Ave. & First St.
Library Closed - Computer Lab Only
Tuesday to Friday - 1 p.m. to 9 p.m.
Saturday - Sunday - 1 p.m. to 7 p.m.

McGuire Gas Station 723-4705

East Arnold Avenue by th 24-hour gate
Monday to Friday -- 6:30 a.m. to 7 p.m.
Saturday -- 9 a.m. to 7 p.m.
Sunday -- 9 a.m. to 6 p.m.

Firestone 723-0464

Bldg. 4201 on Texas Ave.
Monday through Friday - 7 a.m. to 7 p.m.
Saturday - 7 a.m. to 5 p.m.

Dining Facilities

Bldg. 5640
Breakfast Mon - Sun 6 to 7:30 a.m.
Lunch Mon - Sun 11:30 a.m. to 1 p.m.
Dinner Mon - Sun 4:30 to 6 p.m.

McGuire Shoppette 723-4705

East Arnold Avenue by the 24-hour gate
Monday to Thursday -- 6:30 a.m. to 9 p.m.
Friday -- 6:30 a.m. to 7 p.m.
Saturday -- 9 a.m. to 10 p.m.
Sunday -- 9 a.m. to 7 p.m.

Recreation Center 562-4956

Bldg. 5905 on Doughboy Loop.
Monday through Friday - 1 to 10 p.m.
Saturday and Sunday - noon to 11 p.m.
AT&T Cyber Zone offers computer access for a fee

Burger King 723-8937

Bldg. 5399, Texas Ave.
Monday to Saturday 6 a.m. to 8 p.m.
Sunday 7 a.m. to 8 p.m.

Read The Post!

Family Advocacy

562-3200
Chaplain
562-3721/2020
American Red Cross
562-2258
Army Emergency Relief
562-2767

A new look for WDIX Channel 2

24/7 information
coming soon

Cynthia Giles, 1957-2006

Cynthia Giles died from cancer June 12 at Virtua Hospital in Mt. Holly.

The longtime paralegal worked at Fort Dix for the last 12 years, currently with the Claims Division at the Staff Judge Advocate's (SJA) office.

The 49-year-old native of Trenton lived in Lumberton and was a former resident of Browns Mills.

Relatives and friends are invited to attend a celebration of life ceremony in Cindy's honor starting at 1 p.m. Friday, June 16, at Lee/Givnish of Mt. Holly, 317 High St. A memorial service follows at 2 p.m.

Cindy (or Cyndy) personally requested that there be no flowers at her funeral but that memorial contributions be forwarded instead to the Ovarian Cancer Research Fund, 14 Pennsylvania Plaza, Suite 1400, N.Y., N.Y. 10122.

Fort Dix's SJA office will close Friday afternoon, June 16, to allow staff to attend Giles' memorial service.

"Cindy was a caring person, who was always concerned about others beyond herself," recalls co-worker Evelyn Perez.

"I will miss her dearly," continues Perez. "She was a co-worker and friend that I had the pleasure of knowing. I will miss her saying, 'Hi, sweetie, is everything all right?'"

Cindy Simmons "worked with Cindy close to 10 years. She was the type of person that would do anything for you," Simmons recalls.

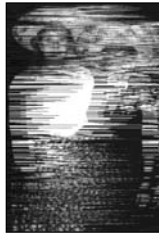
"If I needed help with my computer, I would run into her office and ask her to come help me. She would give me this look and tell me, jokingly, 'You are a pain in the neck.' I knew that's what she was going to tell me because she did it all the time. I knew that she really enjoyed doing things to help her friends and co-workers."

"She had a heart of gold and I'll really miss her," Sim-



mons concludes. The Chief of the Claims Division, Jackie Nichols, considered Cindy "our mother hen. She had a hand in anything and everything associated with SJA unit together. She was the glue that helped hold us united as a team. She was an unstoppable force to be reckoned with - once she had her mind set on something. She was a loving and caring mother and great co-worker," in Nichols' estimation. "She will be missed," Nichols adds of her long-time friend.

The daughter of the late William and Marian White of Levittown, Pa., Cindy was the proud mother of Robyn Giles of Lumberton and grandmother to Jacob Denize. She was sister to Joyce Boyer of Blackwood, Jeff White of Williamstown, Janet Rhodes and Barbara Kelly, both of Tacoma, Wash. and sibling to the late William White, Jr.



AMIGOS -- Cindy, left, joins a friend at a Cinco de Mayo party on Fort Dix circa 2000.

Vacation Bible School mixes faith with fun

Wayne Cook
Public Affairs Staff

Children will soon be piling out of school for summer break. Some parents may be asking themselves what activities are available for their kids on post.

Well, the chapel would like to advise all children that starting June 26 and running through June 30 they will be having Vacation Bible School (VBS). This will take place at the Main Chapel from 9 a.m. until noon daily during that period and all children ages 4 to 12 are welcome.

This year's theme is Quest for God's 10 Commandments and the children will take an adventure discovering the meanings of the 10 Commandments. They'll travel back in time to visit a Mayan jungle, a medieval castle, an ancient laboratory, a Native American

village, and a Hawaiian volcano.

The children will have fun playing games, doing meaning activities, learning Bible verses, and making cool crafts and creative snacks.

Hilde Dreyer, VBS director, says that older children, grades 6 and up, can volunteer to assist the teachers who always can use help. There will be two teachers per classroom so there will be plenty of supervision on hand.

Last year about 80 children participated in the chapel sponsored VBS and Dreyer says they are planning for 100 kids this year. Plan on attending VBS and having a lot of fun to kick off the summer.

For those who haven't already signed up, fill out the registration form in The Post and turn it in at the Main Chapel before June 26.

For more information call Hilde Dreyer at 562-4853. A copy of the VBS registration form is reproduced below.

VeBS REGISTRATION

Child's Name _____ Color Group Assignment _____
Birth Date _____ Age _____ Grade _____
Names of Siblings Attending VeBS _____
Parents' Names _____
Address _____
City/State/Zip _____
Home Phone _____ Work Phone _____
Pager or Cell Phone _____ Church Home _____
Emergency Contact _____ Relationship _____
Phone _____
Allergy/Health Conditions _____

My child has my permission to attend and participate

in Time-Stone Travelers Quest for God's Ten

Commandments VeBS program

Parent Signature _____

Date _____



Honoring the Colors

Reveille
6 a.m. (0600 hours)

Military personnel in uniform

Stand at attention, face the flag and salute at first note.

Military personnel not in uniform, civilians

Stand at attention, face the flag, and place right hand over heart at first note.

Military personnel in formation or in a group

Senior Soldier calls group to "Attention," then "Present, Arms" at first note. Calls "Order, Arms" at conclusion.

Individual military personnel, civilians in a vehicle

Stop vehicle and exit. Follow steps above.

Group of military personnel in a vehicle

Stop vehicle. Individual in charge exits and follows steps above.

Retreat
5 p.m. (1700 hours)

Stand at attention, face the flag for Retreat, then salute at first note of *To the Colors*.

Stand at attention, face the flag for Retreat, then place right hand over heart at first note of *To the Colors*.

Senior Soldier calls group to "Attention," then "Parade, Rest" at first note of Retreat. Calls group to "Attention" and "Present, Arms" at first note of *To the Colors*, then "Order, Arms" at conclusion.

Stop vehicle and exit. Follow steps above.

Stop vehicle. Individual in charge exits and follows steps above.

Other bugle calls heard on post are:

Tattoo.....9 p.m. (2100 hours)

Call to Quarters.....9:30 p.m. (2130 hours)

Taps.....10 p.m. (2200 hours)

Relationship Safety

Everyone has the right to feel safe in his or her relationships. Are you or do you know anyone in an abusive relationship?

Look for these signs:

- threats or intimidation
- isolation from family and friends
- denying access to money
- sexual abuse
- involving or using children in adult conflicts
- destroying personal possessions
- feeling fearful
- painful put-downs
- use of weapons

Important phone numbers:

Providence House hotline
871-7551
NJ Domestic Violence hotline
800 572-SAFE
Fort Dix Victim Advocate
562-2767
McGuire Victim Advocate

For emergency assistance call 911

Mets cap season with championship win



photos by Ed Mingin

The Fort Dix Mets beat the Pemberton Braves 15-9 this past Monday, June 12, to win the 9-through 10-year-old championship. Getting to the final round, the Mets beat the Astros 18-6 and the Cardinals 16-1 on the way to the championship game. Catcher Christian Diaz, above, and third baseman Brandon Cronwell, far right photo, helped take their team to victory.

For the Red Sox, victory was just out of reach. They lost in the championship game to the Braves, first 15-11 then 6-0 in the double-loss competition. The Red Sox played strong all season and looked good going into the playoffs. Strong play from Troy Savage, right, and the rest of the team carried them into the playoffs.



Ed Mingin

Commander's Cup

Warm weather was the order for the Commander's Cup, held June 14. Coming in first place was the team of Bill Lyons, Jen Torres, John Kim and Carol Tuliano. Now that warm temperatures and clear skies have taken hold, the golf course is a flurry of activity. Call 562-2166 to see how you can get in on the excitement.

Sports Shorts

Griffith Field House
Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m.

Doughboy Gym
Newport Ave.
Monday - Friday
5 to 9 p.m.
Closed weekends

Football & Cheerleading Registration
Registration for football and cheerleading will begin May 22 and run through July 28.

There is a \$70 fee for football and a \$40 fee for cheerleading.

A late fee of \$15 will be charged after July 28.

There is also a fee of \$18 which is good for one year in any CYS program.

Proof of sports physical for the current year is required. Call 562-4072 or 562-5231 for more information.

Soccer Registration

Soccer registration for the upcoming fall season will begin June 1 and run through Aug. 31, Mon. - Fri. 9 a.m. - 5 p.m.

There is a \$40 soccer fee and an annual fee of \$18, which is good for one year in any of the CYS programs.

Must show proof of sports physical for current year or have one on file.

Youth third grade and above need to register with the McGuire Youth Sports program.

Call 562-4702 or 562-5231 for more information.

Local track offers military discount

Once again New Egypt Speedway is offering a discount off the price of an adult admission ticket to all active duty military personnel and their spouses, with proper ID.

The military discount is for Saturday night racing programs at the track located on Route 539 in Plumsted Twp.

This weekend the track has a special Father's Day show prepared. Additionally, this Wednesday will be the first mid-week race of the year. For more info visit the track's website at www.newegyptspeedway.net.

Fire Cracker Cross-Country Run

The next fun-run will be held June 28. Starting at the Arts & Crafts Center, the Fire Cracker Cross-Country Run will take runners through the backwoods of Fort Dix.

Race starts at noon. For more information, call 562-4888.

Bowling Center

New pinsetters are being installed at the Bowling Center starting May 31.

This project is slated to take about three weeks for completion.

During this time, there will be no bowling. The Snack Bar will remain open during this timeframe.